

# Demystifying the Cafeteria

Tuesday, October 28<sup>th</sup> 8:45 a.m. In The Sea Cliff Cafeteria

Join Lisa Papalia, Food Service - Cook Manager, North Shore Schools  
for an informative Q&A



Find out what a balanced lunch tray is!

Ask questions!

What and/or how much your child is eating?

Why can't our school be nut free?

What do Alternative Entrees mean?

What are the Monthly Specials - How are they chosen?

Come see a sample lunch and check out our salad bar!

*Celebrating National Nutrition All Week*



Sea Cliff  
Nutrition Committee  
*The Apple People*